

## MCS Breakfast Menu-October 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk Choices: White 1% Milk Chocolate FF Milk	29 Breakfast Ring Cheese stick Applesauce Fruit Juice!	30 Strawberry Pop-Tarts Strawberry Yogurt Apple Juice	1 French Toast Cheese Stick Pear Cup Fruit Juice	Cinnamon Toast Crunch Cereal Cheese stick Applesauce Fruit Juice	3 Banana Muffin Cheese stick Fresh Fruit Fruit Juice
*Menu options are subject to change without notice*	6 Breakfast Ring Cheese stick Applesauce Fruit Juice	7 Banana Muffin Strawberry Yogurt Apple Juice	8 French Toast Cheese Stick Pear Cup Fruit Juice	9 Fruit Loop Waffle Cheese Stick Fresh Fruit Fruit Juice	Cereal Cheese stick Fresh Fruit Fruit Juice
BREAKFAST IS SERVED FROM 7:30 UNTIL 8:00	13 Breakfast Ring Cheese stick Applesauce Fruit Juice	14 Strawberry Pop-Tarts Strawberry Yogurt Apple Juice	15 French Toast Cheese Stick Pear Cup Fruit Juice	Cinnamon Toast Crunch Cereal Cheese stick Applesauce Fruit Juice	17 NO SCHOOL! Teacher Work Day!
	20 Breakfast Ring Cheese stick Fresh Fruit Fruit Juice	21 Banana Muffin Strawberry Yogurt Apple Juice	French Toast Cheese Stick Pear Cup Fruit Juice	23 Fruit Loop Waffle Cheese Stick Fresh Fruit Fruit Juice	Cereal Cheese stick Fresh Fruit Fruit Juice
	27 Breakfast Ring Cheese stick Fresh Fruit Fruit Juice	28 Strawberry Pop-Tarts Strawberry Yogurt Apple Juice	29 French Toast Cheese Stick Pear Cup Fruit Juice	Cinnamon Toast Crunch Cereal Cheese stick Applesauce Fruit Juice	31  Banana Muffin  Cheese stick  Fresh Fruit  Fruit Juice



## MCS Lunch Menu-October 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk Choices: White 1% Milk Chocolate FF Milk	29 Chicken Mac. & Cheese Bowl; Breadstick Roasted Carrots Homemade Pickles Fresh Fruit	30 Walking Tacos Cheddar Dip Fiesta Beans Mixed Vegetables Fresh Fruit	Spaghetti & Meat Sauce, Breadstick Mixed Vegetables Green Beans Fresh Fruit	2 Chicken & Rice Roll Black Beans Roasted Broccoli Fresh Fruit	Pizza Pizza Mixed Vegetables Crunchy Carrots Fresh Fruit Fruit Juice
*Menu options are subject to change without notice*	6 Chicken Drumstick Biscuit Mashed Potatoes Sweet Peas Fresh Fruit Juice	7 Walking Tacos Cheddar Dip Fiesta Beans Mixed Vegetables Fresh Fruit	8 Chicken Quesadilla Breadstick Mixed Vegetables Roasted Carrots Fresh Fruit	9 Orange Chicken with Noodles, Roll Cucumber & Tomato Roasted Broccoli Fruit Cup	Chicken Tenders Roll Crunchy Carrots Green Beans Fresh Fruit Fruit Juice
	13 Chicken Empanada Potato Smiles Roasted Broccoli Fresh Fruit Juice	14 Bosco Cheese Stick Side Salad Homemade Pickles Fresh Fruit Fruit Juice	Cheeseburger Crunchy Carrots Roasted Broccoli Fresh Fruit	Cheese Pizza French Fries Sweet Peas Fruit Cup	NO SCHOOL! Teacher Work Day!
	20 Chicken Mac. & Cheese Bowl; Breadstick Roasted Carrots Homemade Pickles Fresh Fruit	Walking Tacos Cheddar Dip Fiesta Beans Mixed Vegetables Fresh Fruit	Spaghetti & Meat Sauce, Breadstick Mixed Vegetables Green Beans Fresh Fruit	Chicken & Rice Roll Black Beans Roasted Broccoli Fresh Fruit	Pizza Pizza Mixed Vegetables Crunchy Carrots Fresh Fruit Fruit Juice
	27 Chicken Drumstick Biscuit Mashed Potatoes Sweet Peas Fresh Fruit Juice	Walking Tacos Cheddar Dip Fiesta Beans Mixed Vegetables Fresh Fruit	29 Chicken Quesadilla Breadstick Mixed Vegetables Roasted Carrots Fresh Fruit	30 Orange Chicken with Noodles, Roll Cucumber & Tomato Roasted Broccoli Fruit Cup	Chicken Tenders Roll Crunchy Carrots Green Beans Fresh Fruit Fruit Juice